



PENDLETON YOGA ROUND UP

September 29th – October 2nd, 2011

EVENT AGENDA

Vendor Hours: Thursday 7:00-9:00pm Friday 10:30am –7:00pm

Saturday 12:00pm – 7:00pm Sunday 9:30am – 1:00pm

Date	Time	Activity
Thursday, September 29th		
	1:00pm-6:00pm	Event Set Up at Pendleton Convention Center
	4:00pm-5:00pm	Volunteer Training
	5:00pm-9:00pm	Registration and Vendor Set Up Outwest Catering Onsite or Explore Pendleton
	6:00pm-7:15pm	Yoga with Brigitte Amsberry
	7:45-9:00pm	Nia with Michelle Miller
Friday, September 30th		
	7:00am – 8:00am	Breakfast Outwest Catering Onsite or Explore Pendleton
	8:00am-9:30am	Partner Yoga Workshop with Melissa Smith
	10:00am-10:30am	Karen Hill & Valerie Fouquette Breathe
	11:30am-1:00pm	Lunch & Tourism Break – Explore Pendleton and the Umatilla Indian Reservation
	1:00pm-2:30pm	Breathe and Bones Vinyasa with Elizabeth Kresch
	3:00pm-5:00pm	Lecture and Reflection: Yoga as Practice for a Stress-Free Life with Kamini Desai
	5:00pm-7:00pm	Dinner and Enjoy Vendors Outwest Catering Onsite or Explore Pendleton
	7:00am-8:30am	Vinyasa Heart Yoga with Jenny Buergermeister
Saturday, October 1st		
	7:00am-8:00am	Breakfast Outwest Catering Onsite or Explore Pendleton
	8:00am-9:30am	Yoga with Leah Carey and Thomas Morning Owl
	10:00am – 12:00pm	Life Lessons, Love Lessons: How Relating with Others Can Help Us Discover the Love Within with Kamini Desai
	12:00pm-3:00pm	Lunch and Explore Pendleton and Umatilla Indian Reservation or Attend Onsite Sessions
	1:00pm-2:00pm	Umatilla History and Singing with Fred Hill
	2:30pm-3:30pm	Soul Flow Shakti, Yoga with Amanda Tucker
	4:00pm – 5:00pm	Sharing and Intentions with Tania Wildbill
	5:00pm-6:30pm	Rasa Dance with Kamini Desai
	8:00pm-Midnight	Yoga Round-Up Celebration Party! Hamley's Slickfork Saloon with the James Dean Kindle and the Eastern Oregon Playboys
Sunday, October 2nd		
	7:00am-8:00am	Breakfast Outwest Catering Onsite or Explore Pendleton
	8:00am-9:15am	Alive with Breath! Hatha & Raja Yoga With Tania Wildbill & Tootsie
	9:45:am – 11:45am	Healing from the Inside Out: Discover Yoga Nidra as a Tool for Self-Healing with Kamini Desai
	12:00pm-12:15pm	Closing Om led by Tania Wildbill